

SAVOR INDIANA RECIPES



Honey Baked Chicken

INGREDIENTS

6 free range chicken breasts

6 tablespoons unsalted butter

1/2 cup raw honey

1/4 cup mustard

Cayenne pepper



From The Kitchen of

Kimberly Dunn Retreat in the
Country - Frankfort, Indiana
From "Classic Clinton County"

DIRECTIONS

1. Preheat oven to 350 degrees.
2. Remove chicken skins. Wash and pat chicken dry and place in baking dish.
3. In a small pan melt butter. Add honey, mustard, and a dash of cayenne pepper. Pour over chicken.
4. Bake 350 degrees until internal temperature reached 170 degrees. Baste every 15 minutes. Bake first 1/2 hour covered and then uncover for the remainder of time.